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WINGS Cookbook Unveiled

WINGS whips up another fundraiser – this time with a tasty twist. This month the Friends of WINGS Safe House unveiled the agency’s first cookbook featuring over 400 recipes. The proceeds of the donations for the books will benefit the WINGS (Women In Need Growing Stronger) domestic violence safe house.

The advisory group in charge of the project began researching the idea last spring, then worked all summer to design the book, collect, enter and edit recipes. Irene Rozansky, CEO of R&A Crisis Management Services and the group’s leader said, “This was truly a labor of love. We all had a great time with it and quite frankly, could barely wait until it was published so we could stop salivating and start cooking! But, more importantly, through this project, we are anxious to make a real difference for the women and their children who need the protection of the WINGS Safe House.”

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The book features hundreds of recipes including classic favorites like Guacamole Dip and Deviled Eggs. More exotic items range from Praline-Crowned Brie, Wild Rice and Cranberry Salad and Flank Steak with Grilled Mango and Watermelon Chutney. The book also provides a section on “pantry basics” and lists staples, packaged and canned goods and spices one should keep on hand.

“So many people provided delicious recipes and we’re grateful to everyone that took part in this project. We really hope the community responds by making a donation for the books and giving them as gifts or keeping one for themselves,” says Jennifer Djordjevic, Director of Public Relations for WINGS.

The donation is \$12 per book. If ordering more than one, the books are \$10 each. Shipping per book is \$2 each.

Friends of WINGS Safe House, made up of various community members, was formed to help support the on-going activities of the shelter. The group also helps with gathering donations, attending community events as WINGS representatives and helps to plan fundraising events.

WINGS offers transitional housing and emergency shelter. The Safe House, a 15,000 square foot facility which opened in January of 2005, can house up to 45 women and children each night and provides women with medical, legal, and financial advocacy as well as therapeutic counseling and access to housing and other resources.

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In addition, the agency has 24 apartments and homes located in Chicago, Skokie, Des Plaines, Park Ridge, Schaumburg, Hoffman Estates, Mount Prospect, Arlington Heights, Palatine, and Barrington, which provide transitional housing for over 95 women and children each night.

For more information about WINGS or about becoming a Friend of WINGS Safe House visit www.wingsprogram.com. Cookbooks can be ordered on the website or by calling Silvia Manetti at 847-908-0910 x29.

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